

Easter **JUST GOT SWEETER!**

*with Ingham's sweet chilli
chicken tenders*



Earn **DOUBLE** Countrywide InSeason rewards points during the month of April on select Inghams Tenders. T & C's apply.

See inside for our delicious Sweet Chilli Tenders Taco recipe!

FOODSERVICE

26.02.24 - 30.04.24



DELIVER SMASHIN' STEAKS

WITH THE HELP OF KNORR

FOR A CHANCE TO WIN 1 KAMADO CERAMIC CHAR GRILLER 55CM*

FOR ANY PURCHASE OF THE PARTICIPATING PRODUCTS:



KNRIBGG6.5
Knorr Rich Brown Gravy GF 6.5kg
\$90.00 Unit



KNGORG6
Knorr Golden Roast Gravy GF 6kg
\$84.00 Unit



KNDEG1
Knorr Demi Glace GF 1.8kg
\$32.00 Unit



KNJU1.8
Knorr Jus GF 1.8kg
\$70.00 Unit

26 FEBRUARY - 30 APRIL 2024

2. *To enter, simply make the qualifying purchase above between 26 February-30 April 2024 in 1 transaction (1 invoice). 1 entry per invoice. Unlimited entries permitted.



Unilever Food Solutions



NEW PRODUCT

Pacific West Prawn Cones
800gm • PAPRC • \$19.00 Unit



NEW PRODUCT

Pacific West Chilli Squid Tenders
1kg • CHSQT1 • \$19.40 Unit



Pacific West Beer Battered Flathead
60 x 50g • FLHEF5 • \$67.40 Ctn



Pacific West Salt Pepper Squid
3 x 1kg • SAPES3 • \$57.00 Ctn



Pacific West Beer Battered Fish Fillet
30 x 115g • BEBAF115 • \$48.25 Ctn



Pacific West Barramundi Portions
Skin On 170/190
25's • BAPC5 • \$130.00 Ctn



Pacific West Cauliflower Popcorn
50 x 20g • PACP • \$11.00 Unit



Pacific West Seafood Basket
20 x 230gm • PASEB • \$85.00 Ctn

THE **BEST** CHOICE IN SWEETENED CONDENSED MILK

**AUSTRALIAN
FULL CREAM MILK**

.....○

**AUSTRALIAN
MADE & OWNED**

.....○

**BETTER FOR
AUSSIE FARMERS**

.....○



Brancourts award-winning sweetened condensed milk is made with 100% Australian full cream milk and sugar, which brings out the best quality, flavour, colour and texture in your customers' desserts, cakes and confectionery.

Available in the following sizes

1 x 13kg | 2 x 5kg

Brancourts Sweetened Condensed Milk
13kg • BRCOM13 • \$78.00 Ctn

Brancourts Sweetened Condensed Milk
2 x 5kg • BRCOM5 • \$62.50 Ctn

BETTER WITH
Brancourts[®]
EST 1895

sales@brancourts.com



Refresco

Lido Regular Lemonade

12 x 1.25L • TRLE1250 • \$17.90 Ctn

Club Soda Water

12 x 1.25L • CLSOW1.25 • \$17.90 Ctn

Diet Rite Lemonade

12 x 1.25L • DIRIL1250 • \$19.80 Ctn



Birch & Waite Whole Egg Mayonnaise

15kg • BWWHEM15
\$115.00 Unit



Birch & Waite Tomato Relish

2.4kg • BWTOR2.4
\$26.00 Unit



Birch & Waite Beetroot Relish

2.4kg • BWBER2.4
\$35.00 Unit



Birch & Waite Garlic Aioli Mayonnaise

10kg • BWAIGM10
\$105.00 Unit



Choices Raspberry
& Pear Loaf GF
Pre-Cut 12's
2kg • CHRPLGF2
\$19.40 Unit



Choices Super Soft
Burger Buns GF
12 x 115gm • CHSUSBB
\$20.50 Ctn



Choices Banana Loaf
GF Pre-Cut 12's
2kg • CHBLGF2
\$16.20 Unit



Choices Raspberry
Friand GF
20 x 65gm • CHRFGF65
\$42.80 Ctn



Choices Banana,
Chocolate & Coconut
Loaf GF Pre-Cut 12's
2kg • CHBCLGF2
\$17.40 Unit



The
ALTERNATIVE
 — DAIRY CO.™ —
 100% ANIMAL FREE

ADC Barista Coconut Milk (UHT)
 1L • SABACM1 • \$3.25 Unit

ADC Barista Soy Milk (UHT)
 1L • SABASM1 • \$3.10 Unit

ADC Barista Oat Milk (UHT)
 1L • SAOM1 • \$3.25 Unit

ADC Barista Almond Milk (UHT)
 1L • SABAAM1 • \$3.25 Unit



NEW PRODUCT

A & T Snapper Burger
 30 x 110gm • ATSNB • \$95.00 Ctn



A & T Beer Battered Onion Rings
 1kg • ATBBOR • \$14.80 Unit



A & T Green Peppercorns
 800gm • ATGRP • \$7.60 Unit



A & T Beer Battered Flathead Fillet
 3kg • ATBBFF • \$64.00 Ctn



A & T Panko Crumbed Snapper
 30 x 90gm • ATPAS • \$70.00 Ctn



A & T Tempura Fish Cocktails
 5kg • ATTFC • \$65.00 Ctn



Hakka Thai Fish Cakes
53 x 19g • HAFIC
\$19.00 Unit



Hakka Cocktail Spring Rolls Vegetarian
96 x 15g • HACOSRV • \$13.30 Unit



Hakka Spring Rolls Medium
36 x 50g • HASPRV50
\$16.50 Unit



Lotus Vegetable Dim Sims Large
24 x 80g • LODISVL • \$13.80 Unit

NEW PRODUCT



SPC Chunky Crushed Tomatoes
A10 • SPCRTA10
\$10.80 Unit



SPC Tomato Puree
A10 • SPTOPUA10
\$10.80 Unit



SPC Pizza Pasta Sauce
A10 • SPPIPS3
\$12.95 Unit



SPC Diced Tomatoes
A10 • SPDITA10
\$10.80 Unit



SPC Apricot Pie Bakers Choice
A10 • SPPIAA10
\$22.60 Unit

NEW PRODUCT



Priestley's Chocolate Salted Caramel Tart 108gm
6's • PRCST6 • \$22.00 Unit



Priestley's Apple Lattice Top Tarts
6's • PRAPLATT6 • \$20.00 Unit



Priestley's Custard Tarts
6's • PRCUT6 • \$20.00 Unit



Priestley's Caramel Slice G/F
15's • CASLGF • \$37.50 Unit

NEW PRODUCT



Riviana Whole Gherkins Sweet Spiced
2.2kg • GH2.5 • \$10.80 Unit



Riviana Sweet & Hot Chipotle Cucumbers
1kg • RISHCC1 • \$4.00 Unit



Riviana Sliced Gherkins Sweet Spiced
2.2kg • GHSL2.2 • \$10.00 Unit



Riviana Jelly Cups Strawberry
48 x 120gm • RIJECS120
\$36.80 Ctn



Riviana Jelly Cups Raspberry
48 x 120gm • RIJECS120
\$36.80 Ctn



Riviana Jelly Cups Pineapple
48 x 120gm • RIJECP120
\$36.80 Ctn



Riviana Jelly Cups Orange
48 x 120gm • RIJECS120
\$36.80 Ctn



AWC Homestyle Toasting Waffles
3 x 36 x 30gm • AWCHOW30 • \$54.00 Ctn



Riviana Canola Spray
450gm • PRCAS400 • \$4.35 Unit



Easter



Gumnut Anzac & Lemon Biscuits PC
100's • GUANCPC • \$20.00 Ctn



Traditional Hot Cross Buns
6 x 80g x 9 • HOCRB80 • \$66.00 Ctn



Mini Traditional Hot Cross Buns
12 x 40g x 9 • HOCRBM40 • \$90.00 Ctn



Easter Eggs Solid
1kg • EAEG1 • \$21.25 Bag



Ocean King Smoked Salmon Sliced
1kg • SMSA1 • \$36.80 Unit



I & J Frozen Skinless Hake 4-6oz
5kg • IJFRH5 • \$62.00 Unit



Green Prawn Cutlets Tail On 16/20
1kg • PRCU1 • \$24.50 Unit



Black Tiger Prawns Whole Cooked 10/15
3kg • BLTIP10/15 • \$88.90 Ctn



Salmon Skin On Portions
25 x 200gm • PASA5 • \$155.00 Ctn

SWEET CHILLI TENDER TACOS

If you're on the hunt for a quick and easy recipe that packs a punch, try our Sweet Chilli Tenders Chicken Tacos! Our tender chicken covered in a sweet chilli coating is the perfect mix of flavours. Add in some fresh lettuce, onions, and pineapple and you've got a delicious and nutritious meal that will leave everyone wanting more.

10 SERVINGS 30 MINS

WHAT YOU NEED INGREDIENTS & EQUIPMENT

- Ingham's Sweet Chilli Chicken Tenders
- Mini flour tortillas
- Guacamole
- Red onions
- Green chilli peppers
- Pineapple
- Iceberg salad



Ingham's Sweet Chilli Chicken Tenders
1kg • INSWCT1 • \$14.00 Unit

HOW TO COOK IN A FEW SIMPLE STEPS

1. Cook Ingham's Sweet Chilli Chicken Tenders as per the instructions on the bag.
2. Slice green chilli peppers and finely dice onions and pineapple.
3. Chop and thoroughly wash iceberg salad.
4. Assemble the tacos: 1 chicken tender in a tortilla, topped with iceberg salad, onions, green chilli peppers, pineapple and fresh parsley.
5. Squeeze some lime juice over your chicken tacos.
6. Serve with guacamole and corn chips.



Try this delicious recipe!

View our complete snacking range and more at ingham.com.au/foodservice



Ingham's Chicken Devil Wings
1kg • CHCHWD1
\$13.80 Unit



Ingham's Diced Bulk Chicken
10kg • INCHD10
\$130.00 Unit



Ingham's Tempura Breast Nuggets
1kg • TENU1
\$12.60 Unit



Ingham's Southern Style Chicken Tenders
1kg • INSOSCT1
\$15.80 Unit





Devondale Butter Unsalted
500gm • DEBUU500 • \$7.50 Unit

Saputo Foodservice



Devondale Butter Salted
500gm • DEBU500 • \$7.50 Unit



**Mil Lel Grated
Parmesan Cheese**
2kg • MIGRPCF2 • \$53.50 Unit



**Mil Lel Shaved
Parmesan Cheese**
2kg • MIPAS2 • \$53.50 Unit



**Mil Lel Shredded
Parmesan Cheese**
2kg • MISHP2 • \$53.50 Unit



**Cheer Thick & Tasty
Shredded Cheese**
2kg • COTTSC2 • \$25.80 Unit



STUART ALEXANDER
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MENTOS

Mentos Mint Pillow Pack 200's
540gm • MEMIP200 • \$6.10 Unit

Mentos Fruit Pillow Pack 200's
540gm • MEFRP200 • \$6.10 Unit



TABASCO

Tobasco Red Pepper Sauce
60ml • TOSA50 • \$4.85 Unit

Tobasco Green Pepper Sauce
60ml • TOSAG60 • \$4.85 Unit

MasterFoodsTM
PROFESSIONAL



CREATE MORE
WITH OUR CLASSIC



NEW PRODUCT

Masterfoods Whole Egg Mayonnaise
2.2kg • MAMAWE2.2
\$22.30 Unit



**MIX IT WITH SEASONINGS
FOR UNIQUE FLAVOUR BLENDS**



**MOROCCAN +
MAYONNAISE**

Masterfoods Moroccan Seasoning
755g • MAMOS755
\$17.50 Unit



**CAJUN +
MAYONNAISE**

Masterfoods Cajun Seasoning
520g • MACAS520
\$15.80 Unit



**TUSCAN +
MAYONNAISE**

Masterfoods Tuscan Seasoning
670g • MATUS670
\$16.50 Unit



**TACO +
MAYONNAISE**

Masterfoods Taco Seasoning
630g • MATAS630
\$17.50 Unit



**LEMON PEPPER +
MAYONNAISE**

Masterfoods Lemon Pepper Seasoning
680g • MALEP700
\$22.60 Unit

TATUA

NEW PRODUCT



**Tatua Dairy Whip
Chocolate Mousse**
250gm • TACHM250
\$5.30 Unit



Tatua Mascarpone
1kg • DEMA1
\$13.00 Unit



Tatua Crème Fraîche
500gm • TACRF500
\$9.50 Unit



Tatua Sour Cream
1L • TASOC1 • \$8.80 Unit



**Tatua Dairy Whip
Unsweetened**
500gm • FADAW500
\$9.00 Unit

SINCE 1889
Sharwood's



Sharwood's Tandoori Paste
1.25kg • SHTAP1.25 • \$23.00 Unit



Sharwood's Mango Chutney
2.6kg • SHMAC2 • \$38.00 Unit



S & W Maple Syrup
1.85l • CAMAS1.5 • \$70.00 Unit



Green Pea, Mint & Cheese Croquettes

Serves: 8 | Prep Time: 45 mins | Cook Time: 10 mins | Vegetarian

Ingredients

- 200 g green peas, frozen
- 50 g **Western Star Salted Butter**
- 100 g onions, diced
- 200 g **Holy Cow Shredded Cheese**
- 1 bunch mint, picked & shredded
- salt & pepper to taste
- flour, egg and panko crumbs for the coating

Crumb

- 200 g flour
- 6 eggs
- 250 g panko crumbs

Method

1. Bring a pot of water to the boil, add frozen peas and boiling rapidly for 2 minutes, strain well.
2. Add peas to a food processor and coarsely blend, keep warm.
3. Heat a pan, add the Western Star Salted Butter and onions. Cook slowly until the onions are well cooked.
4. Combine the cooked onions with the peas, add the Holy Cow Shredded cheese and mint.
5. Taste and adjust seasoning, cover and place pea mix into the fridge.
6. Once chilled portion into desired portion size, crumb in flour, egg and panko crumbs.
7. Shallow fry croquettes in vegetable oil until golden brown.

Chef's Tip:

For best results ensure the pea mix is well chilled prior to cooking.

anchorfp.com.au | csaustralia@fonterra.com | 1300 738 484



Serving Suggestion



Western Star Butter Salted
1.5kg • WEBU1.5 • \$23.00 Unit



Holy Cow Tasty Shredded Cheese
2kg • HOSHC2 • \$24.50 Unit



Girgar Butter Unsalted Cultured
1.5kg • GIBU1.5
\$30.20 Unit



Bega Tasty Cheese Portions
100 X 20g • BECHP100
\$68.00 Ctn



Skippy Creamy Peanut Butter
1.81kg • SKPEBS1.81 • \$13.00 Unit



NEW PRODUCT



Buitoni Sugo Pasta Sauce
 3kg • BUPASA10 • \$21.00 Unit



Buitoni Sugo Al Pomodoro Tomato Coulis
 3kg • BUCODT3 • \$21.00 Unit



Buitoni Sugo Lussuoso Al Pomodoro Rich Tomato Sauce
 2.6kg • BUSULP2.6 • \$19.00 Unit



Maggi Rich Gravy Mix
 2kg • MARIGA10 • \$28.00 Unit



Buitoni Sugo Al Peperoni Sauce
 3kg • BUPE3 • \$22.00 Unit



Maggi Rich Gravy Mix
 7.5kg • MARIG7.5 • \$97.50 Unit



Simplot
FOODSERVICE



Top Sail Raw Prawn Meat 31/40
1kg • PRME1 • \$22.00 Unit



I & J Hake Skinless 6-9Oz
5kg • IJFRSH4 • \$64.00 Unit



Edgell Supa Crunch Chips Ultra Fast 10mm
2kg • SUCRC10 • \$10.10 Unit



Edgell Shoestring Chips
3KG • EDSHC3 • \$12.00 Unit



Captains Catch Crumbed Fish
24 x 110gm • IJFRCF110 • \$36.90 Ctn



Leader Falafel Bites 35gm
1kg • LEFAB1 • \$17.00 Unit



Leader Broccoli & Cheese Bites
1kg • LEBRCB1 • \$16.50 Unit



Leader Fish Cakes Crumbed
32 x 100gm • LEFIC100 • \$30.00 Ctn



Patties Veal Schnitzel
40 x 115g • CHPRVS115 • \$108.00 Ctn



EWH
FOOD SERVICES

www.ewhfoodservices.com.au

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